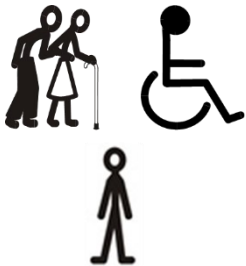




This easy read tells you about:



Home Care



If you are an older person or have a physical disability, learning disability or mental health needs, you may be able to have home care support.



Home Care support is there to help you live at home for as long as possible.

What sort of help can I get?

Home care staff can help support you:



- Getting in and out of bed
- Getting dressed
- Going to the toilet.

Home care staff might be able to support you with:



- Laundry
- Shopping
- Meal preparation.



Someone will work with you to agree what support will meet your needs. This is called an assessment.



How do I get a home care service?

If you have an illness or disability you will need to have a **Care and Support Assessment** to see if you can receive help from the council.



To find out if you can have an assessment contact our **Customer Services Team**.



Phone: 0300 500 80 80

Email: enquiries@nottsc.gov.uk

08.30



17.00



Monday to Thursday

8.30 am to 5.00pm

08.30



16.30



Friday

8.30am to 4.30pm



Text relay service:

18001 0115 9774050

If you are Deaf or hard of hearing [Find out about contacting us using the Relay UK service](#)



Sign relay service: Connect to SignVideo below or [download the SignVideo app](#)



The webpage below is not in easy read.

If you need help to use the website please ask someone who supports you.



For more information about Home Care.

[Home care | Nottinghamshire County Council](#)

